



KIRKLAND TEEN

SPRING PROGRAMS

KTUB offers a regular schedule of classes with special offerings throughout the year. Programs range from video gaming to painting to learning about live sound. While some of our classes have small joining fees, we always strive to make rates affordable and make scholarships available. Because many of our programs are based on youth voice and input, we are constantly adding new and exciting options. For most up to date information visit our website at ymcaktub.org or email info@ymcaktub.org.

Afternoon Snack

Come make your own healthy after-school snack in the KTUB kitchen! Snack will be provided every Monday-Thursday from 3:00–4:30. On Wednesdays, there will be guided opportunities to learn how to prepare and cook various healthy and easy to make, snack options.

Mondays–Thursdays, 3–4:30pm

Guided Preparation: Wednesdays 3–4:30pm • FREE

Contact: Kalika Curry, KCurry@Seattleyymca.org

Open Mic

Want the opportunity to perform in a safe, judgment free atmosphere? Join us the 1st Friday of every month. Come at 6pm for Friday Feed, and stay to perform or watch open mic from 6pm–8pm. Performers of all talents, and mediums, may sign up day of.

1st Friday of the month • 6pm–8pm • FREE

Contact: Amanda Moore, Mamanda@Seattleyymca.org

Pokémon

Interested in learning how to play Pokémon? Join us every Friday from 6pm–8pm at KTUB, for our weekly games. Whether you are a seasoned vet or just beginning, all skills levels are welcome!

Every Friday, 6pm–8pm

Contact: Matt Bacnis, MBacnis@Seattleyymca.org

KTUB Teen Leadership Board

Meeting once every other week, with monthly service projects and special events, Teen Leadership Board is a chance for youth to actively shape the community at KTUB and in their community. Earn volunteer hours and make a difference where it counts. Being part of the KTLB is a fun and gratifying way to learn and participate, while gaining valuable experience necessary for any resume or college application.

Every other Friday, beginning Jan 8 • 5:15pm–6pm • FREE

Contact: Danel Lawrence, DLawrence@Seattleyymca.org

KTUB Tutoring

Need Math help? KTUB has tutoring available for Middle and High School students!

Wednesdays, 3pm–5pm • Call ahead or drop-in • FREE

Friday Feed

Friday Feed is a free meal program offered at KTUB every Friday night at 6:00pm and is open to all young people between the ages of 13–22. While the primary goal of this program is to meet a basic need by providing teens with a well-balanced meal, Friday Feed also strives to collaborate with local groups and organizations to build community, create a culture of social responsibility, and promote healthy living principles.

Every Friday, 6pm–7pm • FREE

Interested in sponsoring?

Contact: Danel Lawrence, DLawrence@Seattleyymca.org

One Song CD Release Shows

Don't miss these final One Song events! The CD Release Show marks the end of the One Song journey! Artist and bands will be selling merchandise, their final EP's, and showcasing songs from it. Don't miss the chance to support your favorite artist or band, and hear participants talk about their experience in the program!

Saturdays @ 6:30pm

May 28 Pacific Drive and Locomotive

June 4 Alkali Earth

June 11 Maya Ohayon, Alison Banchero, Isabella Adad

\$5 ticket presales, \$8 at the door

Contact: Matt Bacnis, MBacnis@Seattleyymca.org

**348 Kirkland Ave
Kirkland, WA 98033
425.822.3088 • ymcaktub.org**

Through the Kirkland Teen Union Building, the Y strives to meet and exceed the social and cultural needs of young people while offering resources that empower them to become active, caring and responsible community members. As a recreation, resource and arts center, this unique facility gives teens a positive, supportive environment to develop their skills, connect with their peers and make a difference locally. The Y is dedicated to youth development, and alongside our partners and supports we're working to strengthen our community now and for the future.

Spring Hours

Monday, Tuesday & Thursday 3–8pm
Wednesday 1–8pm
Friday 3–8pm / 3–11pm for concerts
Saturday 4–11pm for concerts

Summer Hours

Monday–Friday 10–2pm Camp Programs
..... and 3–7pm Drop In
Saturday Events and Concerts ONLY

Drop In

Anyone between the ages of 13 and 19 is welcome at KTUB during our open hours of operation. Play pool, video games, or ping pong, or check your email in the Technology Lab. We have many planned and spur-of-the-moment activities from cooking classes to occasional field trips. Drop-In Activities Include: Art Club, Music Exploration, Open Mic, Career Services, Leadership, Recreation, Video Technology, and more.

**Register at
ymcaktub.org**



UNION BUILDING

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

VOLUNTEER

You can positively impact lives right in your own community. Nearly 10,000 volunteers of all ages help the Y nurture youth, improve health and well-being and assist our neighbors in need. We value your time and enthusiasm and look forward to creating a fun, fulfilling volunteer experience for you.

Y KTUB volunteers enjoy:

- A wide variety of programs to fit personal interests
- Options for one-time, seasonal and ongoing volunteerism
- Making new friends, networking and gaining experience

How to begin

Contact Kalika Curry, KTUB Program Coordinator at KCurry@Seattleyymca.org, for more information and to be sent a volunteer application.

Or visit KTUB to pick up a volunteer application.

OUTREACH/COUNSELING

Y(outh) E(astside) S(ervices)

KTUB partners with YES to provide an on-site counselor who provides free services to youth by scheduled appointment or drop-in. Young people can also connect with the YES team, who assist homeless young people with case management, finding shelter, transportation, access to health care or work towards family reconciliation when possible.

Wednesdays 1pm–7pm, Thursdays and Fridays 2pm–7pm
Contact: Tomiah Andring at Tomiaha@youtheastideservices.org

FACILITY RENTALS

KTUB is the perfect venue for dances, birthday parties, graduations, and other group events. With stages, dance floor, café, and lounge, KTUB facility can accommodate any occasion. KTUB rental opportunities are based upon the discretion of the staff team, and are events that support our youth driven mission.

For more information or details call us at 425.822.3088 or contact Kalika Curry, KCurry@Seattleyymca.org



SUMMER OPPORTUNITIES 2016

Youth Institute

This Summer program utilizes technology as an engagement tool to increase social, academic, and workforce skills. Using the most cutting-edge and highest level technology and software, participants learn about and create their own digital music, videos, magazines, graphic designs, and edit their photography. During the summer, a 7-week structured program, allows youth to apply for the chance to complete and earn an academic stipend. During the school year, a more casual structure allows them to seek homework help, work on individual projects, and explore new techniques. Participants in this program emerge with improved confidence, academics and industry level technology skills.

Mon–Fri, June 21–August 5, Graduation Aug 6th
Wilderness Retreat: June 21–24

Regular program 9pm–4pm. Stipend: Up to \$500

Applications for the program will be available May 23
Contact: Danel Lawrence, DLawrence@Seattleyymca.org
or Kalika Curry, KCurry@Seattleyymca.org

Mini Movie Makers

Love movies? Ever wanted to learn basic movie making skills, and star in your own? With the help of our Youth Institute alumni, learn about scripts, storyboarding, costuming, and editing. At this end of this camp, receive a copy of the film-you produced!

Mon–Fri, July 11–15 • 10am–2pm • Ages: 12–18 • \$210
Financial Assistance is available

Registration: Opens Monday, May 30th

Contact: Danel Lawrence, DLawrence@Seattleyymca.org
or Kalika Curry, KCurry@Seattleyymca.org

Studio Sensations

Love music? Are you a singer or a musician? In one week, work hard in the studio, writing and recording songs with professional Audio Engineers. As an added bonus, learn silk screening and perfect your social media press kit with the guidance of KTUB's music staff. Walk away ready to explode on the scene!

Mon–Fri • July 18–22 • 10am–2pm • Ages: 12–18 • \$210
Financial Assistance is available

Registration: Opens Monday, May 30

Contact: Matt Bacnis, MBacnis@Seattleyymca.org
or Amanda Moore, Mamanda@Seattleyymca.org

Culinary Cafe

From coffee to cooking, learn valuable tips and skills that will equip you to be versatile inside and outside of the kitchen. Learn, create, and taste in this delicious experience!

Mon–Fri, August 1–5 • 10am–2pm • \$210 • Ages: 12–18
Financial Assistance is available

Registration: Opens Monday, May 30

Contact: Kalika Curry, KCurry@Seattleyymca.org

Everything Art

Culinary art, photography, mixed media and the art of being an artist! Explore new mediums and hone in on artistic talents. Participants will visit local museums, process and develop B&W photography, and create edible art.

Mon–Fri, August 8–12 • 10am–2pm • \$210 • Ages: 12–18
Financial Assistance is available

Registration: Opens Monday, May 30th

Contact: Kalika Curry, KCurry@Seattleyymca.org